

Jordan's 3 - Season Gear List

ITEM	Essential	Optional	Type	Manufacturer	Pounds	Ounces
(X Resupply/Refresh before each trip)						
Trail Gear						
Chapstick	X			Burt's Bees		0.25
Eye drops	X			Visine		0.50
Headlamp	X		Spot	Black Diamond		2.80
Insect repellent	X		stick	Cutter		2.00
Knife	X			Gerber		0.50
Lighter	X			BIC		0.75
Sunblock	X		SPF - 45	Neutrogena		3.00
Water tabs	X			Pota Aqua		0.50
Whistle	X					0.10
Contact lenses	X					0.25
Knife	X			Gerber		1.25
Lens case	X					0.25
Lens solution	X					2.00
Matches - Fire starter	X					0.50
Medicines	X		Daily			2.00
Mirror	X		contacts			0.75
Soap	X		Biodegradable	Campsuds		1.00
Toothbrush	X					2.00
Toothpaste	X					1.15
Hand Cream		X		Bag Balm		0.25
Spoon	X		lexan			0.25
Weight - Trail Gear					1	6.05
Office						
Comb		X				0.25
Emergency Info		X	cards			1.00
Glasses	X		reading - driving			2.00
Notebook - Journal	X		waterproof	REI		3.50
Pen - Pencil	X					0.50
Weight - Office Gear						7.25
Repair						
Batteries - AA	X		Camera-4, GPS-2			3.25
Batteries - AAA	X		Headlamp-3,MP3-1			1.75
AAA Card		X		AAA		0.10
Contact Prescription		X				0.10
Cord Lock		X				
Driver's License	X		Your State			1.00
Emery Board		X				
Fire Permit		X				0.10
JetBoil Maintenance Kit	X					0.10
Kaiser Card		X				0.10
Magnifying Lens		X				0.25
Ripstop tape		X				0.25
Weight - Repair Gear						7.00

ITEM	Essential	Optional	Type	Manufacturer	Pounds	Ounces
Communication						
Cell phone	X		Blackberry & charger			4.00
Camera		X	Fine Pix S1000	Fuji		14.50
Camera case		X				7.50
MP3 Player		X	clip	sansa		2.25
Weight - Communication Gear					1	12.25

Navigation						
Altimeter Watch	X			Casio		2.00
GPS	X		60CSx	Garmin		8.50
Maps	X			USFS		5.50
Guidebook	X		Sections	Schaffer		3.00
PCT Atlas		X	Sections	EtB		2.00
Yogi Digest		X	Sections	JMcD		1.00
Monocular		X		Brunton		2.25
Sunglasses	X			Julbo		3.00
Map Tool		X		Nols		0.25
Compass & Case	X		M3	Suunto		2.60
Signal Mirror	X					1.00
Weight - Navigation Gear					1	15.10

Backpack						
Z-65	X			Gregory	3	14.00
Pack Liner		X		Integral Design		3.00
Pack Cover		X	silnylon	Integral Design		3.30
Weight - Backpack Gear					4	4.30

Shelter						
Tent						
Assailant	X		1p - net - 1 wall	Sierra Designs	3	15.00
Solo 12		X	1p - no net - 1 wall	North Face	3	3.50
Siltarp		X	Tarp	Integral Designs		9.25
Lightsabre Bivy		X	Bivy - Net - 1 wall	Black Diamond	2	3.50
Emergency Bivy	X			Adventure Medical		3.75
Weight - Shelter Gear					10	3.00

Sleeping Pads						
Sit Pad	X		Z-Lite			2.00
Sleeping Pad	X		Z-Lite			11.00
Sleeping Pad		X	Z-Lite			15.00
Weight - Sleeping Pads					1	12.00

Sleeping Bags						
Summer Bag	X		Osprey	Feathered Friends	1	11.00
			Liner sheet			3.00
Fall Bag		X	Ibis	Feathered Friends	3	0.00
Weight - Sleeping Gear					4	14.00

Sanitation						
Trowel	X		metal	iPod!		3.50
Fanny Ribbon		X	roll	Charmin		1.00
Moist wipes		X	single	Cottonelle		3.50
Sanitizer	X			Purell - Dial		0.50
Used ribbon bag	X		Plastic	Zip-lok		0.25

ITEM	Essential	Optional	Type	Manufacturer	Pounds	Ounces
Sanitation (cont.)						
Kerchief	X		Knot - WFA - Star			3.30
Towel	X		personal	MSR		2.00
Towel	X		personal	Campack		0.75
Weight - Sanitation Gear						14.80

Specialized Gear						
Bear Canister	X		BV-500	Bear Vault	2	9.00
Crampons		X	Contact	Black Diamond	1	12.00
Ice Axe	X		Corsa	Camp		13.00
Snow Baskets	X			Black Diamond		1.50
Trekking Poles	X		Trail FliKlock	Black Diamond	1	2.00
Weight - Specialized Gear					6	5.50

Cooking Gear						
Stove	X			JetBoil		15.00
Fuel Canister	X		IsoButane			12.90
Fuel Canister		X	IsoButane			6.75
Stove		X	WhisperLite	MSR		13.10
Fuel Bottle		X		MSR		5.25
Fuel Bottle		X		MSR		2.80
Bowl		X	Titanium			1.60
Plate		X	Titanium			2.00
Insulated mug		X	Titanium			3.90
Spork		X	Lexan			0.60
Spoon	X					0.25
Spatula		X	Folding	MSR		0.50
Fry Pan		X	Titanium			5.00
Pot w/lid		X	Titanium			4.60
Water Filter		X	Hyperflow	MSR		10.75
Hydration bag	+4#		Cloudliner	MSR		5.90
Water Bottle	+2#		wide-mouth clear	Nalgene		3.50
Water Bottle	+1#		small mouth clear	Nalgene		3.00
Canteen	+4#		collapsible	Nalgene		2.00
Towel		X	cooking			0.25
Lighter	X			BIC		0.75
Coffee Filter		X	Coffee Sock			2.00
Weight - Cooking Gear					6	6.40

Bounce Box						
Cord		X	reflector			3.00
Envelopes		X	self-addressed	self-stik		
Envelopes		X	padded	self-stik		
Lash Strap		X				0.60
Pole tips		X	Long	Black Diamond		2.00
Postage		X				
Sanitizer		X				
Seam seal		X	syl	McNett		
Sewing Kit		X				
Sharpening steel		X				
Shock cord		X				
Snow seal		X				

ITEM	Essential	Optional	Type	Manufacturer	Pounds	Ounces
Bounce Box (cont.)						
Soap box		X				
Socks		X				
Velcro tape		X				
Weight - Bounce Box						5.60

Base Layer						
Top						
Expedition Weight	X			REI		9.60
Midweight LS	X			NF		10.90
Lightweight SS	X		Mesh	REI		6.50
Lightweight LS		X	R1	Patagonia		6.50
Silk weight SS		X	R1	Patagonia		4.50
Bottom						
Midweight	X		R2	Patagonia		6.75
Expedition Weight		X	R4	REI		8.40
U-trou	X		boxer/jock	UnderArmor		2.10
U-trou		X	mesh boxer	REI		3.80
Weight - Base Layer					3	11.05

Mid Layer						
Top						
Soft Shell	X		Mistral Jacket	REI		12.50
Soft Shell	X		Power Stretch 1/2 Zip	REI		10.25
L/S Shirt		X	Bug Off	ExOfficio		10.60
L/S Shirt		X	Trail shirt	Mountain Hardware		8.50

Bottom						
Soft shell		X	Mistral Pants	REI		13.60
Shorts		X	Sahara	REI		8.25
Shorts -Pants	X			North Face		18.25
Shorts		X		North Face		7.60
Shorts		X	Running			2.65
Weight - Mid Layer					5	12.20

Outerwear						
Top						
Rain Jacket	X		Precip	Marmot		12.00
Rain Parka		X	Acclimate	NF		13.25
Soft shell Jacket		X	Apex Bionic	NF		23.50
Soft shell Jacket		X	Mistral	REI		12.50
Gloves		X		Mountain Hardware		2.50
Gloves		X		REI		2.40
Gloves		X	Fingerless - Rag	REI		2.90
Down Vest		X		Sierra Designs		13.50
Windshirt		X	Dri-clime	Marmot		9.25
Bottom						
Rain Pants	X		Precip	Marmot		9.60
Rain Pants		X	Acclimate	NF		
Weight - Outerwear					6	5.40

ITEM	Essential	Optional	Type	Manufacturer	Pounds	Ounces
Headwear						
Hat	X		Dome Perignon	Mountain Hardware		2.00
Neck Gaiter		X		Columbia		1.65
Sun/rain hat		X		REI / MtnHrdwr		2.80
Mosquito hat		X	Netting	Sea-Summit		1.25
Tourist hat		X	Bug Off	ExOfficio		2.80
Weight - Headwear						10.50

Footwear						
Hiking Boots	X		Flame GTX	Asolo	3	4.00
Mountain Boots		X	TPS 520 GTX	Asolo	3	12.00
Desert Boots		X	Fugitive GTX	Asolo	3	2.00
Socks	X		Lightweight	REI		7.00
Socks	X		Midweight	REI		8.00
Sock Liners	X		Polypro	REI		3.50
VBL Socks		X		Patagonia		1.50
Gaiters - Sierra	X		Crocodiles	Outdoor Research		9.25
Gaiters - Desert	X		Trail Low Gaiters	REI		6.50
Camp Shoes	X		Sandals	Crocs		14.50
Weight - Footwear					13	4.25

First Aid Kit						
Analgesics	X		Aleve-Aspirin-Tylenol	Darvocett - Vicodin		
Anti-allergy		X	Claritin			
Antibiotic ointment		X	double			
Anti-diarrheal		X	Imodium			
Anti-histamine		X	Benadryl			0.25
Band Aids		X				
After bite		X	swabs			
Heat tabs		X				
Moleskin / Mole foam		X		Dr Scholls		0.25
Antiseptic towelette		X	Tincture of Benzoin			
Weight - First Aid Kit						0.50

Medical Kit						
	X					
	X					
Antibiotic Ointment Packs	2					
Antiseptic Towelettes	2		Tincture of Benzoin			
Bandages	4		Knuckle-fingertip			
Band-Aids	1 x 3		Cloth strips			
Coban wrap	3 in x 5 yds					
Elastic Wrap	4 - 6 inch					
Gauze Pads	4 x 4		Sterile			
Gauze Roll	3 inch		Conforming			
Gloves	L		Nitrile			
Cloth athletic tape	1 inch		roll			
Daily Meds	6		Xanax - GasX - Prilosec			
Hydrocortisone cream	2					
Irrigation Syringe	12 cc					
Needle	1					

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